



Your life. In a book.TM

Recording your life stories doesn't have to take a lifetime.

The *How to Save Your Life—One Chapter at a Time* kit will take you through the process of creating a life story book, step by step, from writing to photos to design and publishing, in a friendly and engaging way.

In the kit, you'll learn:

- How to dig up memories
- How to capture story ideas
- How to choose your best stories
- How to write if you can't write
- How to find plot, theme, and flow
- How to edit your first draft
- How to get unstuck
- How to organize your photos
- How to select and prepare pictures
- How to properly scan photos
- How to choose the right pictures
- How to avoid design pitfalls
- How to hire a designer—or DIY
- How to design a cover
- How to find a printer
- How to **GET IT DONE**

www.howtosaveyourlifeinabook.com

“We all have **stories** inside us that want to be **shared**—
but we don't know how.”

YOU DO NOW.

HOW *to* SAVE YOUR LIFE

A Step-by-Step Guide to Creating a Life Story Book

Your kit includes: **TOTAL VALUE \$499**

Keepsake box

Audio book and Instructional DVD set

Supplemental worksheets

Coupon for free printed book

180-page step-by-step full color guidebook

Give a gift to someone whose story you want to know!

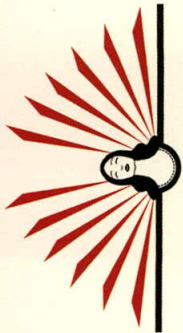
► **YOUR SUPPORT SYSTEM:** Includes lifetime membership to website with demonstrations, webinars, and a forum where you can get answers to your questions and the motivation to get it **done**

The painless way to write, design, and publish
your memoir, autobiography, or family history book.

Authors Tom and Alison Taylor are the owners of Pictures and Stories, Inc. The Taylors have helped hundreds of people tell and preserve their life stories in beautiful books and videos, and have taught classes and seminars on personal history since 1994.



www.howtosaveyourlifeinabook.com



YOUR LIFE. IN A BOOK.™

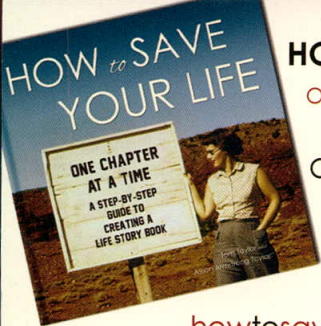
PICTURES AND STORIES

Tom and Alison Taylor

801.906.0609

picturesandstories.com

tom@picturesandstories.com



HOW *to* SAVE YOUR LIFE

ONE CHAPTER AT A TIME

A Step-by-step Guide to
Creating a Life Story Book

find out more at

howtosaveyourlifeinabook.com